



Living the Church Year Lesson Plan: Feast of the Holy Angels

Ages 9-14

Theme

"God's Heavenly Helpers"

Key Teaching

God created the angels to serve Him, glorify Him, and help guide His people toward the Kingdom of Heaven.

Learning Objectives

By the end of the lesson, students will:

- Understand what angels are according to the Bible and the Armenian Church.
- Learn about Archangels Michael and Gabriel.
- Understand the role of guardian angels.
- Recognize that angels help carry out God's will.
- Identify qualities of the angels that Christians should imitate.

Opening Prayer

Heavenly Father, we thank You for the holy angels who worship You and serve Your will. Through the prayers and protection of the Archangels Michael and Gabriel and all the heavenly hosts, help us to be faithful, obedient, and loving children of God. Amen.

Introduction (5 Minutes)

Ask the students:

- Have you ever heard someone talk about guardian angels?

- What do you think an angel is?
- Can you name any angels from the Bible?

Explain:

The Armenian Church celebrates a special feast honoring the **Holy Angels**, especially **St. Michael** and **St. Gabriel**. Just as we honor the saints for their faithfulness, we also honor the angels because they serve God perfectly and help carry out His plan for the world.

What Are Angels? (10 Minutes)

Angels are spiritual beings created by God. They:

- Love and worship God.
- Serve God's will.
- Carry God's messages.
- Protect and guide God's people.

Unlike humans, angels do not have physical bodies. They are usually invisible, although God may allow them to appear visibly when necessary.

The word **angel** means "**messenger**." The Armenian word for angel is: Հրեշտակ (Hreshdag) which also means messenger.

Read: "Are they not all ministering spirits sent forth to serve?" (Hebrews 1:14) Explain that angels are servants of God who help in His work throughout creation.

Angels in the Bible (10 Minutes)

Throughout Scripture, angels appear whenever God has an important message or mission.

Examples include:

Zechariah: The Archangel Gabriel announced that Zechariah and Elizabeth would have a son, St. John the Baptist.

The Virgin Mary: Gabriel later appeared to the Virgin Mary and announced the birth of Jesus Christ.

The Shepherds: At Christ's birth, angels appeared in the sky singing: "Glory to God in the highest."

Discuss: Why do you think God uses angels to bring important messages?

Meet the Archangels (10 Minutes)

St. Gabriel: Gabriel's name means: "**Strength of God.**" He is known as the messenger of God's saving plan. His most important announcement was telling Mary that she would become the Mother of Jesus.

Ask: How do you think Mary felt when Gabriel appeared to her?

St. Michael: Michael's name means: "**Who Is Like God?**" Tradition teaches that Michael led the faithful angels against Satan and the fallen angels. He is remembered as:

- A defender of God's people.
- A leader of the heavenly hosts.
- A symbol of courage and faithfulness.

Ask: Why is courage important in living as a Christian?

Guardian Angels (5 Minutes)

The Armenian Church teaches that God sends guardian angels to watch over His people. Jesus said: "Their angels in heaven always see the face of My Father who is in heaven." (Matthew 18:10)

Guardian angels:

- Guide us toward good.
- Help us resist temptation.
- Encourage us to follow God.

They never force us to do anything because God gives each person free will.

Activity: Angel Qualities (5-10 Minutes)

Write the following words on the board:

Faithfulness | Obedience | Courage | Purity | Worship

Ask students: Which of these qualities do angels show?

Answer: **All of them.**

Now ask: Which one do you think God wants you to work on this week?

Have each student choose one quality and share one practical way to practice it.

Examples:

- Obedience: Listening to parents.
 - Faithfulness: Saying daily prayers.
 - Courage: Standing up for what is right.
 - Kindness: Helping a classmate.
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Discussion Questions

1. What is an angel?
 2. What does the word "angel" mean?
 3. Who are the two archangels honored on this feast?
 4. What was Gabriel's message to Mary?
 5. How does Michael teach us courage?
 6. What do guardian angels do?
 7. What angelic virtue would you like to strengthen?
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Key Message

"God sends His angels to help guide us toward Him."

The Feast of the Angels is important because it reminds us that God has created heavenly beings to serve Him and assist His people. By honoring the angels, especially Gabriel and Michael, we remember that God is always caring for us. The angels encourage us to remain faithful to Christ and remind us that we are never alone in our journey of faith.